



# Water Safety Sensory Sessions

[www.messybubs.com](http://www.messybubs.com)

[www.kidsalive.com.au](http://www.kidsalive.com.au)

## Adventures at the Pool - Baby

Kids Alive and Messy Bubs have joined forces to share water safety messages through unique sensory play experiences. There are many amazing benefits to multi-sensory play that lead to development of thought, intelligence and social skills. It is a wonderful way to create quality creative time for families and caregivers.

By combining this form of play with water safety messages we are creating a unique way to educate children under 5. Use the lesson plans to guide the activity and help expand the learning of little ones under your care. Everything can be adapted to suit your environment and resources available.

### METHOD:

- ❖ Cover activity tray or padded area with foil blanket.
- ❖ Add shredded paper and puff it up so its inviting.
- ❖ Add pool noodles.

### YOU WILL NEED:

- ✓ Foil Blanket
- ✓ Shredded Blue Paper
- ✓ Kids Alive Do The Five Music   
- ✓ Pool Noodles
- ✓ Plush Toys



### LEARNING BENEFITS:

Sensory exploration is fun for babies but also vital for brain development.

- ❖ Foil blankets and shredded paper are noisy and babies will learn that when they move their bodies, noise will follow which aids with body awareness.
- ❖ Babies will be mesmerised with the light reflecting off the foil blanket.
- ❖ Explore the game 'Peek a Boo' with the shredded paper and foil blanket.
- ❖ Babies will try to grasp the shredded paper working their hand and eye coordination.
- ❖ Pool noodles are an extra sensory tool due to their softness and lightness, babies will hold the pool noodle and be introduced to colours supporting language development.

### Water Safety Messages

Ensure fence is well maintained

Remove climbable objects from the pool area

Never prop the pool gate open

We recommend the MagnaLatch and TruClose hinge

Supervise during learn to swim

**Adult supervision required at all times.  
Never leave a child alone with the items.**

# Adventures at the Pool - Shredded Paper

## What can you hear?

Sensory exploration is fun for babies but also vital for brain development. Adding different textures and items that produce sound is exciting for babies and they can learn so much.

### LEARNING OUTCOMES:

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- ❖ Babies will be mesmerised with the light reflecting off the foil blanket.
- ❖ Explore the game 'Peek a Boo' with the shredded paper and foil blanket.
  - ❖ Babies will try to grasp the shredded paper working their hand and eye coordination.
- ❖ Pool noodles are an extra sensory tool due to their softness and lightness, babies will hold the pool noodle and be introduced to colours supporting language development.



## Messy Bubs

